

MICHIGAN DEPARTMENT OF CORRECTIONS - BUREAU OF HEALTH CARE SERVICES

PATIENT: DERICO THOMPSON
 DATE OF BIRTH: [REDACTED]
 DATE: 01/06/2020 6:52 AM
 VISIT TYPE: Provider Visit-scheduled

Chief Complaint/Reason for visit:

This 45 year old male presents with lumbago: late entry 1/2/20.

History of Present Illness

1. Lumbago: Late entry 1/2/20

Additional comments:

9/25/19: Patient suffered injury to low back ~9/17/19. He states he was row lifting 95#s and developed a spasm in his low back with RLE radiculopathy. He describes it as being in the lateral aspect of his hip to his knee (burning). He was seen by nursing for initial treatment. The back spasm has resolved but he still has the discomfort in his leg. No B/B incontinence. No saddle anesthesia. 10/3/19: patient states he continues to experience sharp/burning pain in the lateral thigh and now extending to his lateral calf (L5-S1 dermatome). He had brief improvement with Toradol and Prednisone. He has been doing simple stretches. Physical exam reveals intact DTR's, straight leg raise positive on the right. Generalized tenderness right lumbar. Patient has completed his HEP and has had no improvement. He has to sit to use the phone, microwave, etc otherwise his back will spasm.

Medications Active Prior to Today's Visit

<u>Drug Name</u>	<u>Dose</u>	<u>Qty</u>	<u>Description</u>
Prednisone 1/3/2020)	10 Mg	1	Take as directed on package (from stock: start
Naprosyn	500 Mg	60	take one tablet twice a day as needed

Allergies

<u>Allergen/Ingredient</u>	<u>Brand</u>	<u>Reaction:</u>
Nka		

Physical Exam

Constitutional:

Level of distress is mild distress, due to pain. Nourishment type is well developed and well nourished. Overall appearance is age appropriate and good hygiene.

Vascular:

Pulses

Dorsalis pedis pulses: normal. Posterior tibial pulses: normal.

Back / Spine:

Comments: See HPI

THOMPSON, DERICO

Extremities:

Dorsalis pedis pulses: normal.

Posterior tibial pulses: normal.

No edema is present.

Neurological:Level of Consciousness: Normal.Orientation: Alert and oriented X 3. Grossly normal intellect. .Memory: Intact. .**Psychiatric:**

The patient's affect is normal.

Assessment/ Plan

Lumbago (724.2)

- Medications today. Consider EMG request

Office Services

<u>Status</u>	<u>ApptDate</u>	<u>Timeframe</u>	<u>Order</u>	<u>Reason</u>	<u>Interpretation</u>
<u>Value</u>					
completed	01/06/2020	-today	Healthy Choices		

Instructions / Education

<u>Status</u>	<u>Completed</u>	<u>Order</u>	<u>Reason</u>
completed	01/06/2020	Continue current medication	
completed	01/06/2020	Take new medication as prescribed	
completed	01/06/2020	Patient was reassured	
completed	01/06/2020	Follow exercise program	
completed	01/06/2020	Patient education provided and patient voiced understanding	

Document generated by: Wendy K. Jamros, NP 01/06/2020 6:58 AM

THOMPSON, DERICO

Michigan Department of Corrections Clinical Encounter

Offender Name: THOMPSON, DERICO J	Sex: M	Off #: 0234651
Date of Birth: [REDACTED]	Provider: Knack, Jessica [JK6] RN	Facility: KCF
Encounter Date: 07/02/2020 08:20		Unit: E2

Nursing Note encounter performed at Clinic.

SUBJECTIVE:

COMPLAINT 1 Provider: Knack, Jessica [JK6] RN

Chief Complaint: Musculoskeletal

Subjective: Pt c/o low back pain unrelieved by Relafen. States maybe Cymbalta was helping more than he thought because pain has increased since stopping it. States three days ago he was incontinent of stool one time. States he needs another shot for pain.

Pain Location:

Pain Scale:

Pain Qualities:

History of Trauma:

Onset:

Duration:

Exacerbating Factors:

Relieving Factors:

Comments:

ROS:

Musculoskeletal

General

Yes: Normal, Low Back Pain

No: Gait Abnormality, Mid-back Pain, Swelling, Wasting or Atrophy

OBJECTIVE:**Temperature:**

<u>Date</u>	<u>Time</u>	<u>Fahrenheit</u>	<u>Celsius</u>	<u>Location</u>	<u>Provider</u>
07/02/2020	08:20	KCF	98.0	36.7	Knack, Jessica [JK6] RN

Pulse:

<u>Date</u>	<u>Time</u>	<u>Rate Per Minute</u>	<u>Location</u>	<u>Rhythm</u>	<u>Provider</u>
07/02/2020	08:20	KCF	64		Knack, Jessica [JK6] RN

Respirations:

<u>Date</u>	<u>Time</u>	<u>Rate Per Minute</u>	<u>Provider</u>
07/02/2020	08:20	KCF	16 Knack, Jessica [JK6] RN

Blood Pressure:

<u>Date</u>	<u>Time</u>	<u>Value</u>	<u>Location</u>	<u>Position</u>	<u>Cuff Size</u>	<u>Provider</u>
07/02/2020	08:20	KCF	124/76			Knack, Jessica [JK6] RN

Weight:

<u>Date</u>	<u>Time</u>	<u>Lbs</u>	<u>Kg</u>	<u>Waist Circum.</u>	<u>Provider</u>
07/02/2020	08:20	KCF	157.0	71.2	Knack, Jessica [JK6] RN

Exam:

Musculoskeletal

Back

Offender Name: THOMPSON, DERICO J

Date of Birth: [REDACTED]

Encounter Date: 07/02/2020 08:20

Sex: M

Provider: Knack, Jessica [JK6] RN

Off #: 0234651

Facility: KCF

Unit: E2

Exam:

Yes: Upright Posture, Normal Exam, Non-tender on Palpation, Normal Bony Landmarks, Symmetric, Neurovascular Intact, Inflammation

No: Muscle Spasm, Muscle Atrophy, Costovertebral Angle Tenderness, Swelling, Ecchymosis, Erythema
Remote weight pit injury. Awaiting approved EMG.

ASSESSMENT:

Alteration in Comfort

PLAN:**Disposition:**

Refer to Provider

Other:

Order received from W. Jamros, NP for Toradol 60mg IM now. Has f/u MP appt scheduled as well as EMG.
Informed MP of report of stool incontinence.

Patient Education Topics:

<u>Date Initiated</u>	<u>Format</u>	<u>Handout/Topic</u>	<u>Provider</u>	<u>Outcome</u>
07/02/2020	Counseling	Plan of Care	Knack, Jessica	Verbalizes Understanding

Co-Pay Required: No Cosign Required: No

Telephone/Verbal Order: No

Standing Order: No

Completed by Knack, Jessica [JK6] RN on 07/02/2020 08:49

Michigan Department of Corrections Clinical Encounter

Offender Name: THOMPSON, DERICO J
Date of Birth: [REDACTED]
Encounter Date: 07/06/2020 13:31

Sex: M
Provider: Knack, Jessica [JK6] RN

Off #: 0234651
Facility: KCF
Unit: E2

Nursing Note encounter performed at Clinic.

SUBJECTIVE:

COMPLAINT 1 Provider: Knack, Jessica [JK6] RN

Chief Complaint: Musculoskeletal

Subjective: Pt here with c/o another episode of fecal incontinence that he knows is related to the pain in his back. States this is the second time it's happened and he is becoming concerned.

Pain Location:

Pain Scale:

Pain Qualities:

History of Trauma:

Onset:

Duration:

Exacerbating Factors:

Relieving Factors:

Comments:

ROS:

Musculoskeletal

General

Yes: Hip Pain, Joint Pain, Low Back Pain, Mid-back Pain

No: Gait Abnormality, Knee Pain, Muscle Aches, Muscular Weakness, Spasm, Spinal Injury, Sprains, Stiffness, Swelling, Wasting or Atrophy, Wrist Pain

OBJECTIVE:

Temperature:

Date	Time	Fahrenheit	Celsius	Location	Provider
07/06/2020	13:31	KCF	98.4	36.9	Knack, Jessica [JK6] RN

Pulse:

Date	Time	Rate Per Minute	Location	Rhythm	Provider
07/06/2020	13:31	KCF	77		Knack, Jessica [JK6] RN

Respirations:

Date	Time	Rate Per Minute	Provider
07/06/2020	13:31	KCF	18 Knack, Jessica [JK6] RN

Blood Pressure:

Date	Time	Value	Location	Position	Cuff Size	Provider
07/06/2020	13:31	KCF	125/73			Knack, Jessica [JK6] RN

Weight:

Date	Time	Lbs	Kg	Waist Circum.	Provider
07/06/2020	13:31	KCF	159.4	72.3	Knack, Jessica [JK6] RN

Exam:

Musculoskeletal

Back

Offender Name: THOMPSON, DERICO J

Date of Birth: [REDACTED]

Sex: M

Off #: 0234651

Encounter Date: 07/06/2020 13:31

Provider: Knack, Jessica [JK6] RN

Facility: KCF

Unit: E2

Exam:

Yes: Upright Posture, Normal Exam, Normal Bony Landmarks, Symmetric, Neurovascular Intact, Tenderness, Inflammation, Warm to Touch, Trauma

No: Non-tender on Palpation, Muscle Spasm, Joint Deformity, Malalignment, Muscle Rupture, Muscle Atrophy, Swelling, Ecchymosis, Erythema, Effusion, Subcutaneous Nodules, Crepitus, Clicking, Popping Remote weight pit injury. Strength is equal bilaterally.

ASSESSMENT:

Alteration in Comfort

PLAN:**New Medication Orders:**

<u>Rx#</u>	<u>Medication</u>	<u>Order Date</u>	<u>Start Date</u>	<u>Quantity</u>	<u>Prescriber Order</u>
	SOLU-Medrol Injection	07/06/2020 13:31	07/06/2020		125mg/2ml
	Solution Reconstituted 125 MG				Intramuscularly one time x 1 day(s) Pill Line Only

Schedule:

<u>Activity</u>	<u>Date Scheduled</u>	<u>Scheduled Provider</u>
MP UNR	07/07/2020 00:00	Medical Provider 1

Intractable back pain, reports fecal incontinence x 2

Disposition:

Education Provided

Patient Education Topics:

<u>Date Initiated</u>	<u>Format</u>	<u>Handout/Topic</u>	<u>Provider</u>	<u>Outcome</u>
07/06/2020	Counseling	Medication Side Effects	Knack, Jessica	Verbalizes Understanding

Co-Pay Required: Yes

Cosign Required: Yes

Telephone/Verbal Order: Yes

By: Jamros, Wendy [WJ] NP

Standing Order: No

Telephone or Verbal order read back and verified.

Completed by Knack, Jessica [JK6] RN on 07/06/2020 14:11

Requested to be cosigned by Jamros, Wendy [WJ] NP.

Cosign documentation will be displayed on the following page.

Requested to be reviewed by Jamros, Wendy [WJ] NP.

Review documentation will be displayed on the following page.

Michigan Department of Corrections Clinical Encounter

Offender Name: THOMPSON, DERICO J

Off #: 0234651

Date of Birth: [REDACTED]

Sex: M

Facility: KCF

Encounter Date: 07/15/2020 11:32

Provider: Stallman, Timothy [TS4]

Unit: E2

MP UNR encounter performed at Clinic.

SUBJECTIVE:

COMPLAINT 1 Provider: Stallman, Timothy [TS4] DO

Chief Complaint: Musculoskeletal

Subjective: 45 year old male, medical history of CBP, presents for a symptom and medication review. 3/11/20 MRI LS spine 'mild lumbar DJD, L4-L5 moderate central canal stenosis and bilateral neural foraminal stenosis, moderate sized broad based central disk herniation, L5-S1 small focal central disk herniation with bilateral neural foraminal stenosis. Patient has an EMG scheduled in the near future. Onset of the back pain 9/2019, states he was doing "bend over roll", "90 #", states felt something at the time of the injury, 'sharp pain' with radiation to the lower leg, radiating to the right and left. Content of the pain is "up there, an 8 or 10". Better with no know cause, sometime with positioning, had been on relafen, "don't work". Activity at present includes pull ups and dips. Sleep is "terrible" hard to sleep, some nites better than others.

DATE OF EXAM: 09/30/19

FACILITY OF EXAM: OFF-SITE

TYPE OF EXAM: LUMBAR SPINE, SIX VIEWS

FINDINGS: Side bending to the left is present. Mild facet joint arthritic changes are present of the lumbar spine. Loss of height of the intervertebral disc space at the L5/S1 level represents degenerative disc changes. The vertebral bodies are normal in size and shape. Marked fecal debris is seen throughout the course of the colon and rectal area to represent constipation.

IMPRESSION:

1. Mild facet joint arthritic changes of the lumbar spine.
2. Degenerative disc change at the L5/S1 level.

Pain Location:

Pain Scale:

Pain Qualities:

History of Trauma:

Onset:

Duration:

Exacerbating Factors:

Relieving Factors:

Comments:

OBJECTIVE:**Exam:****Abdomen****Inspection**

Yes: Normal, Flat

Musculoskeletal**Other**

MS with normal thoracic AP curve, slightly accentuated lumbar lordosis[sway back], slight forward carriage of the head. Equivocal to positive standing flexion test on the right, negative straight leg raising, subjectively positive

Offender Name: THOMPSON, DERICO J

Date of Birth: [REDACTED]

Sex: M

Off #: 0234651

Encounter Date: 07/15/2020 11:32

Provider: Stallman, Timothy [TS4]

Facility: KCF

Unit: E2

Exam:

FABRE's, pain to palpation of the SI joint and to the lateral margin of the Sacrum. Slight apparent short right leg, compatible with noted foot wear, more noted to the outside of the right foot.

ASSESSMENT:

Low back pain, M54.5 - Current, Chronic, Not Improved/Same

PLAN:**New Medication Orders:**

<u>Rx#</u>	<u>Medication</u>	<u>Order Date</u>	<u>Start Date</u>	<u>Quantity</u>	<u>Prescriber Order</u>
	DICLOFENAC SODIUM 75 MG TBEC	07/15/2020 11:32	07/15/2020	60	75 mg By Mouth two times daily PRN x 90 day(s) -- take with food and fluids.

Indication: Low back pain

Discontinued Medication Orders:

<u>Rx#</u>	<u>Medication</u>	<u>Order Date</u>	<u>Start Date</u>	<u>Quantity</u>	<u>Prescriber Order</u>
5117103 9	NABUMETONE 500 MG TABS	07/15/2020 11:32	07/15/2020		500mg By Mouth two times daily as needed x 210 day(s)

Discontinue Type: Immediate

Discontinue Reason: Provider Discontinued- Inmate Refused

Indication:

Schedule:

<u>Activity</u>	<u>Date Scheduled</u>	<u>Scheduled Provider</u>
MP Follow Up	09/01/2020 00:00	Medical Provider 1

Follow up, review EMG, symptom and medication. Back pain.

Disposition:

Education Provided

Kite PRN

Scheduled

Other:

Reviewed the MRI and LS spine x-ray, based on exam and diagnostic findings, doubt surgical entity. Discontinue the relafen, scripted for diflofenac. Await result of the EMG, limited back exercises to stretching only.

Patient Education Topics:

<u>Date Initiated</u>	<u>Format</u>	<u>Handout/Topic</u>	<u>Provider</u>	<u>Outcome</u>
07/15/2020	Counseling	Access to Care	Stallman, Timothy	Verbalizes Understanding

Co-Pay Required: No Cosign Required: No

Telephone/Verbal Order: No

Standing Order: No

Completed by Stallman, Timothy [TS4] DO on 07/15/2020 16:09